

A PRAYER TO SAY

**AS YOU JOURNEY TOWARDS
CONFIRMATION, TAKE TIME TO
PRAY EACH DAY.
YOU CAN USE THIS PRAYER:**



**Breathe in me, O Holy Spirit,
that my thoughts may all be holy.**

**Act in me, O Holy Spirit,
that my work, too, may be holy.**

**Draw my heart, O Holy Spirit,
that I love but what is holy.**

**Strengthen me, O Holy Spirit,
to defend all that is holy.**

**Guard me, then, O Holy Spirit,
that I always may be holy. Amen.**



Pope Francis ✓
@Pontifex

The Saints were not superhuman.
They were people who loved God in
their hearts, and who shared this joy
with others.

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A MESSAGE FROM POPE FRANCIS

**TAKE SOME TIME THIS MONTH TO SEARCH
THE INTERNET AND FIND A SAINT WHO
REALLY INSPIRES YOU.**

*Maybe you will choose a Saint's name for your
Confirmation. See who inspires you.*

**FIND A SAINT WHO CAN HELP YOU TO BE
THE BEST YOU CAN BE.**

